



BUILDING URBAN FOOD SYSTEMS FOR BETTER DIETS, NUTRITION, AND HEALTH



**ACCELERATING
THE END OF HUNGER
AND MALNUTRITION**
— A GLOBAL EVENT —

SPEAKERS

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Diets of poor urban dwellers in low and middle-income countries are rapidly shifting from traditionally rich in coarse grains and pulses to highly concentrated in refined sugar, salt, saturated fats, animal-sourced foods, refined grains, and (ultra-)processed foods. These dietary changes, which are believed to unfold faster in urban than in rural areas, increase the risks of malnutrition in all its forms and diet-related non communicable diseases. Contributing factors include the rapid expansion of modern food retail systems, and the abundance of convenient, cheap, ultra-processed yet nutrient-poor foods.

This side event will provide in-depth perspectives from research and industry on how to build food systems that provide healthy and affordable diets for the urban poor.



INTERNATIONAL FOOD POLICY
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A world free of hunger and malnutrition

**Location: Centara Grand & Bangkok Convention Centre
at CentralWorld - World Ballroom C**

November 30, 2018 from 07:30 to 08:30 am